Porch de Salomon To Bring/To Donate list

July 2022

www.porchdesalomon.org

Since 2005, our teams and volunteers have transported quality donations to Panajachel, Guatemala, which have blessed and helped thousands of folks, many in great need. Gracias!

- 1. Medicines and <u>vitamins</u>, especially pre-natal w/ folic acid, are a high priority (no "gummy" vitamins) Over-the-counter, generic analgesics (Tylenol and Advil equivalent), allergy (Benedryl etc), children's cough medicine, children's analgesics, antacids, feminine hygiene and specialty meds. like diabetes test strips, insulin, etc.
- * medical office material like latex gloves, tongue depressors, etc.
- 2. Personal hygiene items: Soap, toothbrushes, toothpaste, women's hygiene items, skin creamand **Aquaphor skin lotion** (or exact generic equivalent) for our "fish skin" afflicted cases. Liquid hand sanitizer in gallon or large size. soaps, shampoos, and hand-creams are great, too.

Hotel

- 3. New or gently-used children's/youth clothes and shoes- age 1 to 16. No large sizes, please.
 Women's, girls, boys, and men's underwear or socks. No female socks.
 Other adult clothing at this time
 Used bed linens. Twin and double are best, pillowcases too, but queen will work.
 New or gently-used towels (bath or hand), or wash cloths. White or burgundy are the best colors.
- 5. Children's ministry items- clown, balloons, jump ropes, inflatable beach balls and such. Deflated soccer balls or basketballs.
 6. Bibles or New testaments in Spanish- the NIV or New Living translation equivalents are great. Also—any children or other books in Spanish, new or used.
- 7. Alcoholics Anonymous (AA) "Big Books" in Spanish (preferred) or English
- 8. Good quality, used laptop computers, computer CPU's (or flatscreen monitors): minimum specs are no less than 8 GB Ram and 256 SSD (Hard Drive) and i5 processor
 - * Digital (LCD) projectors
- 9. Frank's Original Hot sauce -- for our Café Hotel California Buffalo Wings
- 10. Lawry's seasoned salt (large) for the Porch's "best in Pana" fries
- 11. iPhones (model 8 or later), preferably unlocked, or Android phones, higher than Samsung S10 (or with more than 6GB ram) or Samsung tablets Tab 8.
- 12. Quality, used guitars (acoustic or electric) or electric basses. Contact <u>dlloydmonroe@gmail.com</u> if you have other instruments or sound equipment you can bring down.